

Continuing Professional Development Certificate in  
Trauma-informed Practice in Education  
(Level 9, Special Purpose Award, 15 credits)



**UCC**

University College Cork, Ireland  
Coláiste na hOllscoile Corcaigh

**AC**

ADULT CONTINUING  
EDUCATION AT UCC

# Continuing Professional Development Certificate in Trauma-informed Practice in Education (Level 9, Special Purpose Award, 15 credits)

## What is the course about?

The programme focuses on both developing understanding of the theoretical principles of trauma-informed practice in education and its application to the educator's specific role. The programme examines the theoretical base of trauma-informed practice in an accessible and applicable way with attention to the stress response system, attachment trauma, mentalising and resiliency theories. The programme also introduces students to implementing trauma-informed practice in the educational context. Students are supported in developing a toolkit of resources to implement the approach in their specific role. The programme also explores students' critical thinking on the current debates about the implementation of trauma-informed practice in education settings and the impact of vicarious trauma on the educator.

## Who should apply?

This programme invites applications from educators who are working in early years, primary and secondary level settings across all grades (see entry requirement on the webpage).

## How will you benefit?

This programme offers educators the opportunity to enhance their understanding of the effects of traumatising experiences on children and young people and introduce them to the application of trauma-informed practice across educational settings.

## How will it be delivered?

The programme will be delivered in a blended format, part-time with 12 hours in person (6x 2 hours), 12 hours online (6x 2 hours) online, 12x 2 hours directed study hours that will involve assigned readings/activities throughout the module and (6x 2 hours) pre-recorded research support sessions.

Lectures are timetabled to facilitate working teachers for two hours on one night per week during the 12-week semester January-March/April.

## How will it be assessed?

The programme is assessed through one mid-term 1,000-word reflective assignment and a further 3500–4000-word assignment to be completed at the end of the programme.

## Fees

€1125.

## Want to Know more?

Programme Coordinator: Dr. Maria Lotty; maria.lotty@ucc.ie